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Gloucestershire
Clinical Commissioning Group

Help and support in your local area



Why has my GP referred me for support in the community?

GPs and Practice Nurses are skilled and experienced at diagnosing and treating medical conditions. They may also identify that you could have a non-medical issue, which may not necessarily be related to your health condition, but could benefit from the services of an organisation or community group which is local to you.

How does it work?

There are lots of groups, organisations and clubs in Tewkesbury town which can support the health and wellbeing of local people. However, people often don't know about them, or the support they can provide.

Several of these groups and organisations have decided to work more closely with GPs in Tewkesbury to help ensure that people know what support and services they could benefit from and how to get in touch.

Your GP or Nurse will talk to you about what kind of support or help you need, and will put you in touch with someone who can talk you through the options available.

What kind of support is available?

Depending on your individual situation, you might benefit from help in some of the following areas:

- healthy living, including weight management and exercise
- building networks and making friends in your community
- caring for someone in your own home or elsewhere
- housing-related issues
- your mental health and wellbeing
- and more.....



So what happens next?

Once your GP makes the referral, someone from the Tewkesbury Town Social Prescribing Hub will give you a call to talk to you about local groups or organisations that might be of interest to you.

Please make sure you're happy with the recommendation – we want to be sure it's right for you. If you're happy you will then be given the contact details to get in touch with the organisation so you can discuss how they can help.

What can I do to help?

You will be asked to fill out a wellbeing form, and may also be asked to provide feedback after a few weeks. This will help us to ensure that things are going well and that you're happy with the service.

It is also important that we gain your verbal consent to share your personal information; your GP or Practice Nurse will discuss this with you during your initial appointment to ensure you are happy. This information will be used to inform future reviews of the service and will be held securely by Gloucestershire Care Services.